

SOTA WEEKLY APPROVED GROCERIES AT:

Central Market®

H · E · B



Zevia Brand Soda,
Tea, & Energy Drinks



Sweet Leaf Stevia.



Waterloo & La Croix



Pre-made Zoodles
(This brand also carries
riced broccoli and
cauliflower.)



Central Market made Pico & Guacamole



Jicama spears & Tortillas



Peeled Garlic & Diced Celery



Angle Hair Cole Slaw



ALL Peppers



Mini Bell Peppers



Mini Cucumbers



Bean Sprouts



Okra



Flavored FLAKESALT



Minced Garlic



Kerrygold Butter



Annie's Brand
Dijon Mustard



Pederson's Uncured
No Sugar Added Bacon



Hard Boiled Eggs



Walden Farms Brand Dressings, Mayo, Syrup & BBQ sauce



Brianna's Brand
"Real French
Vinaigrette"

This flavor only!

*Count toward your healthy dietary fat allowance



Primal
Kitchen
Mayo

*Count toward your healthy dietary fat allowance



Seasoning found at Central Market with No hidden carb/sugars.
Chose these brands and these flavors.



Central Market Salad bar!
Bring your own dressing
or use olive oil and apple
cider vinegar.

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