

SOTA PROGRAM APPROVED GROCERIES AT:



Zucchini



Spiralized Zucchini



Asparagus



Frozen Salmon



Frozen Cauliflower



Frozen Avocado



Pre-cooked Pulled Pork



To-Go Guacamole Cups



Ready-made Chicken Meatballs



Chicken Strips



Chicken Wings, Thighs and Drum Sticks



Ground Turkey



Hard-Boiled Eggs



NEW! S. Pellegrino Flavored Sparkling Water



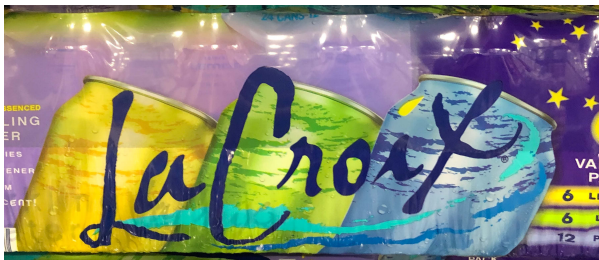
Topo Chico Sparkling Water



Perrier Sparkling Water



S. Pellegrino Sparkling Water



La Croix Sparkling Water



Unsweetened Almond Milk
* limit 1/4 C per day



Kerrygold Grass-fed Butter



Heavy Whipping Cream
* limit 2tbsp per day



Extra Virgin Olive Oil



Avocado Oil and Avocado Oil Spray



Primal Kitchen
Avocado Oil Mayo
*please count
towards your daily
dietary fat
allowance



Pink Sea Salt



Red Pepper



Yellow Mustard



Canned Tuna



Canned Chicken



Pickles with NO SUGAR



Apple Cider Vinegar



Onion Powder



Minced Garlic



Montreal
Steak Seasoning